

Whitewater Rafting Information

WHAT TO BRING

For the river:

- Shorts
- T-shirt
- Secure protective footwear

For cool or rainy weather:

- Synthetic or wool sweater
- Wool socks
- Knit hat

Optional:

- Sunscreen
- Sunglasses and glasses strap

For after your trip:

- Change of clothes
- Dry shoes and towel



COOL or RAINY WARM

Safety & Liability

Every effort is made to ensure a safe, fun trip, including instruction before and each trip. It is your responsibility to follow these instructions. You'll be helping to paddle on any trip you choose, but some rivers require more strenuous participation. It is your responsibility to evaluate your level of fitness and to select a trip which is appropriate. Seek medical advice if you are pregnant, significantly overweight, or in poor physical condition.

Whitewater includes elements of risk, and as such, each person must sign a waiver and release form prior to the trip.

No one who is impaired by drugs or alcohol may go on any of the trips.

We Go With the Flow

Dam released river flow is beyond a company's control. Trips may be canceled without notice due to power company generating schedule changes.

Trips go RAIN or SHINE!

Approximate length of trip:

8 miles / 3 hours

What class are the rapids?

II, III

Weight requirement (strict):

60 lbs.